

POSITIVE
SOCIALISATION

INFORMED
CONVERSATIONS

PERSON CENTRED CARE

SUPPORT
THROUGH
TOUGH TIMES

ACE
AWARE

Wellness Coaching

SUPPORTED STAFF

Every child with persistent behavioural issues or emotional difficulties
accesses family wellness coaching in the community

www.mindfulemotioncoaching.co.uk

COMPASSIONATE
COMMUNITIES

SOCIAL PRESCRIBING

UNDERSTANDING
THE
NEUROSCIENCE

ALPARI
MINDFUL MOTION
COACHING