

Emotion Coaching Project - EXIT QUESTIONNAIRE – Pupil mentor

	YES	NO
Have you used emotion coaching to help other pupils?		
Have you used emotion coaching at home with your family?		
Do you think that being an emotion coach has helped you to help other pupils?		
Do you think that being an emotion coach has helped you to help other pupils to improve their behavior?		
Do you think that being an emotion coach helps you to be more aware of how other pupils are feeling?		
Do you think that being an emotion coach helps you to think of what to say when you're helping another pupil?		
Do you think that being an emotion coach helps you to help other pupils to understand their feelings better?		
Do you think that being an emotion coach has helped you to help other pupils to calm down when they are upset?		
Do you think that being an emotion coach has helped you to be more helpful with other pupils?		
Do you think that being an emotion coach has helped you to help other pupils to remember the school values better?		
Do you think emotion coaching is something you try and do whenever you can?		
Do you think emotion coaching fits in well with the school values?		
Do you think emotion coaching is something everyone should do?		
Do you think you will carry on using emotion coaching to help other pupils?		

Can you write down why you think being an emotion coach helps other pupils?

Can you write down why you think being an emotion coach helps you to help other pupils?

Can you write down anything you think is hard about being an emotion coach?