

LOGO

Address  
Name of Letter Writer

24 October 2015

Dear Parent/Guardian

**Emotion Coaching for Prefects**

I would like to offer the opportunity for all Prefects to be trained in Emotion Coaching. This is a Peer to Peer mentoring programme that a number of schools are involved with in Somerset. The training will enable pupils to learn how to coach other pupils in their emotions and will give them some excellent additional leadership skills to help them in their role as a Prefect. This is not something pupils will engage with every day, but is instead a tool they can use with others in the school that have friendship issues or are finding it hard to talk to others.

The training will include:-

- An explanation of how Emotion Coaching helps other pupils learn how to resolve situations. They will gain some experience in skills including team working, being able to facilitate conversations with adults and peers and also experience in public speaking.
- A tailored training programme in school which will lead to a certificate awarded by the school.
- Some pupils will represent the school in a Somerset Conference about Emotion Coaching and give a presentation to other adults and schools. This will take place in November and is an opportunity for pupils to share their experiences.

If you require any further explanation of Emotion Coaching, please do not hesitate to contact me. If you are happy for your child to take part in this peer mentoring programme, please would you complete and return the consent form below as soon as possible.

Yours sincerely

XXXXXXXXXXXX  
Head of School

.....  
**Please return to XXXXXXXXXXXXX as soon as possible.**

**Emotion Coaching for Prefects**

Pupil's Name: ..... Tutor Group: .....

I would like my child to take part in the Emotion Coaching.

I would not like my child to take part.

Signed: ..... (Parent/Guardian) Dated: .....