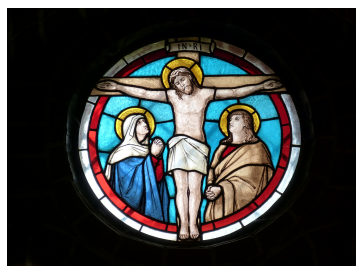




Retreat & Conference Centre

Help Us To Achieve Our Vision



JOHN MAIN

WHAT BEGAN AS A SMALL SEED HAS GROWN INTO A TREE

CREATING A MOVEMENT

John Main's humour and humanity showed that 'the saint is not superhuman but fully human'. His vision of a 'new lay monasticism' continues in the World Community for Christian Meditation, founded in 1991.

BONNEVAUXWCCM.ORG





John Main

'Only when we live in and from love do we know that miraculous harmony and integration that makes us fully human.'

One of the best known Christian contemplators of our time, John Main says that the best way to prepare for meditation is with 'little acts of kindness', remembering that the important thing is to be on the way as if on a pilgrimage.

John Main's preferred mantra was the word Ma-ra-na-tha repeated silently, interiorly as four equal syllables. This is one of the most ancient Christian prayers, in Aramaic - the language spoken by Jesus.